



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Available Daily 8:30 AM-2:30 PM Individual/Small Group Activities Board/Table Games Playing Cards – Jigsaw Puzzles Reading – Pool Table			 Cindy G 10/10 Karen F 10/25 Myra A 10/28			1 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch		2 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	
5 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch		6 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10 Bingo/LCR 10:00 Mahjong 11:30-12:30 Lunch		7 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch		8 Senior Chic Boutique 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9:30-11:30 Senior Chic Boutique 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch		9 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	
12 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch		13 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 9-11:30 Shopping Trip 10:00 Mahjong 11:30-12:30 Lunch		14 Pool Tournament 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10 Pool Tournament 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch		15 ACOG Assessments 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch		16 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	
19 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch		20 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10 Bingo/LCR 10:00 Mahjong 11:30-12:30 Lunch		21 Dillard House Trip 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch		22 Birthday Celebration 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch		23 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	
26 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch		27 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 9-11:30 Shopping Trip 10:00 Mahjong 11:30-12:30 Lunch		28 Christmas Card Craft 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch		29 Halloween Celebration 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch		30 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	