

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 9/2 Ana F 9/7 Evelyn K 9/7 Jean T 9/22 Maggie J and James M 9/24 Tommy D and Early S	1 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10 Mahjong 10-11:30 Bingo/LCR 11:30-12:30 Lunch	2 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	3 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	4 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
7 CENTER CLOSED 	8 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 9-11:30 Shopping Trip 10 Mahjong 11:30-12:30 Lunch	9 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	10 Fall Craft 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	11 Fall Craft 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
14 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	15 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10 Mahjong 10-11:30 Bingo/LCR 11:30-12:30 Lunch	16 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10 – Nutrition Session-Protein 10:20-11:30 Bingo 11:30-12:30 Lunch	17 Birthday Celebration ACOG Assessments 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	18 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
21 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	22 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 9-11:30 Shopping Trip 10 Mahjong 11:30-12:30 Lunch	23 Pool Tournament 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10 Pool Tournament 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	24 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch and Learn Fall Prevention	25 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
28 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	29 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10 Mahjong 10-11:30 Bingo/LCR 11:30-12:30 Lunch	30 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	Available Daily 8:30 AM-2:30 PM Individual/Small Group Activities Board/Table Games Playing Cards – Jigsaw Puzzles Reading – Pool Table	