



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Available Daily 8:30AM-4:00PM Coffee/Tea Bar, Individual/Small Group Activities, Board/Table Games, Playing Cards, Jigsaw Puzzles, Reading/Shared Library, Pool Table More information can be found on the bulletin board! *See Jeanna or Ashley to sign up for our local shopping trip!			1 GUEST SPEAKER 9:30-10:30 Exercise-Zumba Gold 10:00-10:45 Bingo 11:00 Medicare 101-Libby Burke 11:45-12:45 Lunch 1:00-2:00 Exercise- Tai Chi 1:00 Mahjong	2 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 12:45 Bridge/Card Club 1:00-2:00 Exercise -Geri-Fit 2:00 Card and Board Games
5 GUEST SPEAKER 9:30-10:30 Exercise-Geri-Fit 10:00-10:45 Bingo 11:00 Pickens County Probate Judge, David Allison 11:45-12:45 Lunch 1:00-2:00 Exercise -Geri-Fit 2:00 Card and Board Games	6 9:30-10:30 Exercise- Zumba Gold 9:30-11:00 Shopping Trip* 10:30-11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise -Tai Chi 2:00 Card and Board Games	7 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise -Geri-Fit 2:00- BYO Craft Club 2:00 Card and Board Games	8 9:30-10:30 Exercise-Zumba Gold 9:30 Halloween Cards for Kids Craft 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise -Tai Chi 1:00 Mahjong 2:00 Card and Board Games	9 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 12:45 Bridge/Card Club 1:00-2:00 Exercise -Geri-Fit 2:00 Card and Board Games
12 9:30-10:30 Exercise-Geri-Fit 10:30-11:30 Bingo 11:45-12:45 Lunch 1:00 Young at Heart Book Club 1:00-2:00 Exercise -Geri-Fit 2:00 Card and Board Games	13 ACOG ASSESSMENTS 9:30-10:30 Exercise-Zumba Gold 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise -Tai Chi 2:00 Card and Board Games	14 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 2:00- BYO Craft Club 1:00-2:00 Exercise- Geri-Fit 2:00 Card and Board Games	15 9:30-10:30 Exercise-Zumba Gold 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise- Tai Chi 1:00 Mahjong 2:00 Card and Board Games	16 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 12:45 Bridge/Card Club 1:00-2:00 Exercise -Geri-Fit 2:00 Card and Board Games
19 9:30-10:30 Exercise-Geri-Fit 10:30-11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise -Geri-Fit 2:00 Card and Board Games	20 9:30-10:30 Exercise- Zumba Gold 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise -Tai Chi 2:00 Card and Board Games	21 Dillard House Trip 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise -Geri-Fit CLOSING AT 2PM	22 9:30-10:30 Exercise-Zumba Gold 9:30 Crafts-Project Linus 10:30-11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise - Tai Chi 1:00 Mahjong 2:00 Card and Board Games	23 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 12:45 Bridge/Card Club 1:00-2:00 Exercise Geri-Fit 2:00 Card and Board Games
26 9:30-10:30 Exercise-Geri-Fit 10:30-11:30 Birthdays & Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise -Geri-Fit 2:00 Card and Board Games	27 9:30-10:30 Exercise-Zumba Gold 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise -Tai Chi 2:00 Card and Board Games	28 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 12:45 Pool Tournament 2:00- BYO Craft Club 1:00-2:00 Exercise- Geri-Fit 2:00 Card and Board Games	29 9:30-10:30 Exercise- Zumba Gold 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise- Tai Chi 1:00 Mahjong 2:00 Card and Board Games	30 Brotherton CDC Visits 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 12:45 Bridge/Card Club 1:00-2:00 Exercise Geri-Fit 2:00 Card and Board Games