The McKissick Center
FOR SENIOR WELLNESS

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pork Medallions in Cream Sauce over Orzo Brussell Sprouts Applesauce Milk	3 Herb Roasted Chicken Green Bean Casserole Mashed Sweet Potato Roll, Pudding Juice Pack	4 VOLUNTEER LUNCHEON	5 Chicken Enchilada Casserole Spanish Rice Corn Okra & Tomatoes Banana	6 Hamburger on Bun w/ lettuce & Tomato Potatoes Au Gratin Pickled Beets Chocolate Milk
9 General Tso's Chicken Rice Asian Vegetable Mix Egg Roll Fruit Cup, Milk	10 Beef Enchilada Refried Beans Creamed Spinach Spiced Apples Milk	11 Potato Soup Carrots Lima Beans Roll Yogurt	12 Meatloaf Mashed Potaotes Peas Fruit Cobbler Roll, Milk	13 BBQ on Bun Roasted Sweet Potatos Brussel Sprout Slaw Banana Pudding
16 BBQ Chicken Thigh Roasted Potatoes Lima Beans Roll, Yogurt Juice Pack	17 Baked Ziti Tossed Salad w/ Dressing Broccoli Garlic Bread Fruit Crisp	18 Sliced Turkey w/ Cornbread Dressing & Gravy Peas and Carrots Baked Apples Milk	19 Baked Chicken Red Beans & Rice Sauteed Spinach Squash Banana, Milk	20 Hot Dog w/ Chili Black Bean & Corn Salad Orange Pudding Chocolate Milk
23 Chicken & Rice Soup Mixed Vegetables Cornbread Orange Milk	24 Chopped Steak w/ Onions & Gravy Baked Sweet Potato Turnip Greens, Roll Fruit Cocktail, Yogurt	25 Fish Sticks Rice Pilaf Broccoli & Cheese Corn, Banana Chocolate Milk	26 CLOSED FOR THANKSGIVING	27 CLOSED FOR THANKSGIVING
30 Pork Medallions in Cream Sauce over Orzo Brussell Sprouts Applesauce Milk				

Menu items are subject to change due to availability